



FRIENDS OF THE ISRAEL DEFENSE FORCES NATIONAL YOUNG LEADERSHIP MISSION TO ISRAEL MAY 18 - 24, 2023

- EXPERIENCE ISRAEL THROUGH A LENS THAT ONLY FIDF CAN OFFER ●



Itinerary is subject to change based on IDF activities and availability of locations

BRUCHIM HABAIM - WELCOME TO ISRAEL

THURSDAY, MAY 18

DAY 1

- Arrival at Ben Gurion Airport International Airport - recommended flights will be provided
- Start our journey and drive to Tel Aviv
- Check into our Tel Aviv hotel - relax and unpack
- Enjoy a group welcome dinner and orientation at a local restaurant with a guest speaker
- If you're not too tired, go and have a drink at a bar near the hotel **(not included)**

Accommodations: Dan Panorma, Tel Aviv

Meals included: Dinner





PATH TO PEACE + THE SOUTHERN BORDER

FRIDAY, MAY 19
DAY 2

- Join the group on the beach in the morning for an orientation activity
- Start our journey South and visit an IDF base on the Gaza perimeter and enjoy lunch with the soldiers on base
- Visit Netiv HaAsara on the frontier with Gaza, and take part in a peace project on the border wall
- Explore the rolling hills surrounding Jerusalem on an ATV adventure
- Ascend to Jerusalem. Check-in to our hotel and prepare for Shabbat
- Walk to the Old City as Shabbat descends on Jerusalem. Experience Kabbalat Shabbat at the Western Wall
- Enjoy a welcome Shabbat dinner on the private patio of the Sephardic Center in the Jewish Quarter

Accommodations: Tryp Hotel, Jerusalem

Meals included: Breakfast, lunch, dinner

JERUSALEM - THE WONDERS OF THE OLD CITY

SATURDAY, MAY 20

DAY 3

- Tour the Old City's Jewish, Muslim, Christian and Armenian quarters and learn about the fascinating history that lies in each and every stone, nook and cranny. See up close how everyone lives side-by-side
- Enjoy lunch in the Christian quarter
- Return to the hotel to rest
- Afternoon speaker: gather as a group to meet with a guest speaker
- Group night out and dinner on own at the Jerusalem First Station Market

Accommodations: Tryp Hotel, Jerusalem

Meals included: breakfast, lunch



START YOUR NORTHERN ADVENTURE

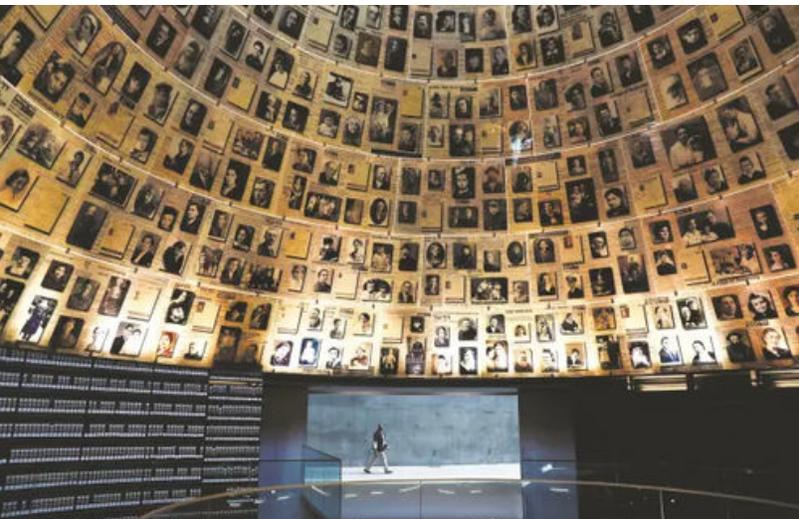
SUNDAY, MAY 21

DAY 4

- Before departing Jerusalem and heading north towards the Galilee, stop to visit the IDF Memorial Hall, a spiraling memorial dedicated to Israel's fallen soldiers, located atop the historic Mount Herzl in Jerusalem.
- Explore the Christian-Arab city of Nazareth and meet with IDF veteran, Joseph Haddad at the summit of Mount Precipice
- Lunch on your own in the Nazareth Old City Market
- Visit the IDF's Havat HaShomer Base
- Continue north and check in to our accommodations in the Galilee
- Horseback riding in the Galilee highlands at Bat Yaar Ranch followed by a BBQ dinner at the ranch, accompanied by IDF soldiers

Accommodations: Nof Ginnosar, Galilee

Meals included: breakfast, dinner



EXPLORING THE GOLAN HEIGHTS

MONDAY, MAY 22

DAY 5



- Meet FIDF IMPACT! program recipients and volunteer alongside with the students at one of the IMPACT! community service organizations.
- Explore the geopolitical realities of the Golan Heights with an expert in the field.
- Visit an IDF infantry/tank unit on the Golan Heights and learn about the close borders
- Depart the Golan and travel to Tel Aviv to check-in to our hotel near the waterfront
- Group dinner at a local Tel Aviv restaurant joined by IMPACT! students



Accommodations: Tal by the Beach, Tel Aviv

Meals included: breakfast, lunch, dinner

WELCOME TO THE NONSTOP CITY OF TEL AVIV

TUESDAY, MAY 23

DAY 6

- Head out to visit the an Israeli Airforce Base
- Return to Tel Aviv for a guided culinary tasting tour at the Carmel Market
- Get your legs moving during a port-to-port bicycle tour of Tel Aviv from the modern Tel Aviv Namal (Port) to the ancient Jaffa Seaport
- Meet Amit Shimoni, founder of Hipstory Art, and former IDF special forces veteran. Get the behind-the-scenes tour of his Jaffa studio
- Enjoy a free night in the bustling city of Tel Aviv by heading to renowned restaurants and bar hoping!

Accommodations: Tal by the Beach, Tel Aviv

Meals included: breakfast, lunch



TEL AVIV ON YOUR OWN BEFORE WE SAY GOODBYE

WEDNESDAY, MAY 24

DAY 7

- Start your morning with an Israeli martial arts workshop on the beach with Budokan
- (Optional group activity) Visit the Peres Center for Peace & Innovation in Jaffa
- Spend the day exploring Tel Aviv on your own. Suggestions:
 - Visit the renovated German Colony - Sarona Compound, for some shopping and an elaborate food market
 - Spend the day swimming in the Mediterranean and soaking up the sun at the beach.
 - For a lively atmosphere and local handmade souvenirs, head to the famous artists' bazaar on Nachlat Binyamin St
- Gather for a closing group session on the hotel rooftop
- Private group farewell dinner at a Tel Aviv restaurant
- Transport to Ben Gurion Airport for overnight flights home - recommended flights will be provided

Meals included: breakfast, dinner



"This opportunity can only be described as a life-changing, incredible experience. It was eye-opening to see the work of the FIDF hands-on, meet with soldiers, IMPACT! scholars, and Holocaust survivors, to gain a richer understanding of the moral, physical, and emotional challenges our Israeli brethren experience on a day-to-day basis.

I was truly honored to have had this experience alongside such an esteemed group; I imagine that many of us will stay close for years to come. I feel reconnected to my Jewish and Israeli roots, and have renewed compassion for the IDF, and all the citizens of Israel, for the daily sacrifices they make for the broader worldwide Jewish community. This experience has given me a deeper appreciation of the important work they do."

- AVIVA, FIDF YOUNG LEADERSHIP MISSION PARTICIPANT

QUESTIONS? CONTACT CARA CHERNIN,
NATIONAL YOUNG LEADERSHIP DIRECTOR
CARA.CHERNIN@FIDF.ORG

